

Yoga & hiking



with Rosie & Melissa

*Sponsored by
Open Spaces Yoga Center
www.openspacesyoga.com
(928) 940-0996*

FRIDAY October 13th

See the beautiful Fall Colors

Donations Accepted for TRACKS

8:00 am Please NO DOGS

- *Meet at Hon-Dah parking lot*
- *Caravan to Pole Knoll (near Greer)*
- *Yoga interwoven with Hiking*
- *Plan to lunch in Greer
(or pack your lunch)*
- ***Sign up Sheet at OSYC for hiking
& to join us for lunch at Greer***

*Pole Knoll
Recreation Area*

