

Practice with
CLAIRE-DEE LIM

**Beginning
January 3rd**

*For a Stronger, Fitter, Flexible
& More Aligned YOU!*

VINYASA YOGA
Wednesdays
10:00–11:15 am



STRETCH CLASS
Fridays
10:00–11:15 am



*Get the "Spaces" App for
easy booking of your space*



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