

OSYC Abbreviated Schedule Dec 18th ~ Jan 1st



Mon. Dec 18: 11 am Iyengar Basics & Beyond
Tues. Dec 19: 9 am Iyengar Intermediate
10:30 am Yoga Therapeutics
Wed Dec 20: CANCELED 10 am Vinyasa
CANCELED 6 pm Forrest Yoga
Thur Dec 21: 11 am Iyengar Basics & Beyond
Fri Dec 22: CANCELED 10 am Vinyasa
Sat Dec 23: 9 am Iyengar Yoga
Sun Dec 24: CANCELED 9 am Meditation
Mon Dec 25: CLOSED for CHRISTMAS
Tues Dec 26: 9 am Iyengar Intermediate
10:30 am Yoga Therapeutics
Wed Dec 27: CANCELED 10 am Vinyasa
CANCELED 6 pm Forrest Yoga
Thur Dec 28: 11 am Iyengar Basics & Beyond
Fri Dec 29: CANCELED 10 am Vinyasa
Sat Dec 30: CANCELED 9 am Iyengar Yoga
Sun Dec 31: CANCELED 9 am Meditation
Mon Jan 1: CLOSED for NEW YEARS

Our regular schedule resumes Jan 2nd
Happy Holidays