

SOUND HEALING



An Evening of Sound to Heal and Restore

and Celebrate the Fall Equinox

Friday Sept 22 at 7 pm

\$25

BOOK YOUR SPACE AT

www.openspacesyoga.com

Payment can be made at that time.



with Dr. Ivy Loney

Discover how sound supports a healthy nervous system!

There is a wealth of research on sound healing for anxiety, blood pressure, well-being improvement, chronic pain, stress management and so much more!

Come learn tools using your own sound & resonance as a way to support your own self-healing path.

Event Location:

OPEN SPACES YOGA CENTER

info@openspacesyoga.com • (928) 940-0996

476 W. White Mtn. Blvd. #12, Lakeside, AZ 85929

